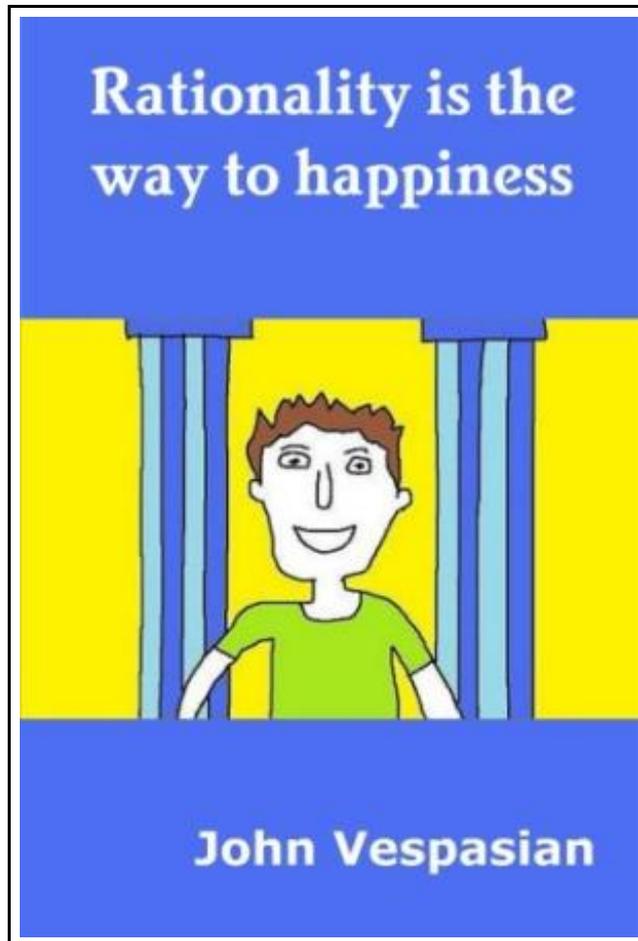


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Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.In a world where philosophy is often reduced to catch-phrases and empty theories, this is a passionate defence of logic and consistency as the keys to happiness. Personal effectiveness, the basis of well-being and success, results from rational goals, workable plans and relentless action. In the areas of career, health, relationships and investments, this essay shows how to let go of wasteful propositions, pursue compatible goals, cultivate perseverance and resilience, minimize problems and maximize opportunities. Inspired by the teachings of Aristotle, Maimonides, Erasmus, Montaigne, Epictetus and Spinoza, the book encourages readers to embrace rationality and adopt a self-reliant, entrepreneurial attitude. TABLE OF CONTENTS 1. The untold key to success and happiness Ten positive trends rarely reported by the media The way to independent thinking Trust only your own statistics Achieving happiness through rationality Wake up to a sharp vision of reality Important lessons from history In search of principles that make sense 2. Fundamental skills that everybody should master Relentless initiative creates opportunities An active mind looks for alternatives Cultivate perseverance and resilience Avoid waste and embrace frugality Shun overcommitment and worry 3. The easy way to prosperity Select a career where you can make a good living Principles of accelerated learning Using Ancient Mongol tactics to find employment Discard the myth of career planning Growth sectors in the 21st century Those who can sell are always received well 4. Philosophical ideas to make the best of your life Take the perspective of a lifetime Focus on practical solutions Self-confidence arises from preparedness Pursue compatible goals Concentrate your resources on essential tasks 5. Get out of losing situations Immobility is the enemy of achievement Train yourself to face nonsense calmly Throw away...



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