



## Blue Moons and Golden Suns: Meditations and Celebrations

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By Amari Magdalena

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In a world that has consciously chosen to live outside the natural rhythms of the planet it occupies, we its inhabitants are so very often stressed out. Blue Moons and Golden Suns is an engaging invitation to slow down and take time to align your energies with the natural rhythmic cycles of the Moon and Sun. It explores these periods of rising and waning energies from the standpoint of how they impact humans. Information about Zodiac signs is presented from each placement in the cycles of life. Beautiful meditation along with sample formats accompany the sun and moon celebrations. Blue Moons and Golden Suns provides insights and inspiration for leading a more peace-filled life as one aligns with Mother Earth's natural rhythms.

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