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Soul Reflections Living A More Conscious And Meaningful Life

By Diane Hancox M. A.

Trafford Publishing. Paperback. Book Condition: New. Paperback. 168 pages. Dimensions: 8.4in. x 5.5in. x 0.5in. Soul Reflections: Living a More Conscious and Meaningful Life invites readers to look inward to the wisdom of their unconscious. The book is a collection of thirty-six readings that weave the work of Carl G. Jung together with practical applications, insightful quotes, and references from myth, film, scholars, and other soul-based sources. Topics include getting your needs met, working with dreams, intuition, gratitude, projection, fear, perfection, shadow material, and individuation. Each reading includes self-reflective questions that further enhance the readers understanding and integration of ideas. Readers will increase their awareness of unconscious material, become more responsible for feelings and actions, and better define what brings them true meaning in their lives. Soul Reflections will become a treasured resource to be revisited over the course of the readers journey. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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